

BACKYARD

TO GO MENU

From 11:00 - 17:00

ALL DAY BREAKFAST

YOGURT GRANOLA BOWL 7.50 (GF)

SOY YOGURT, HOMEMADE GRANOLA, FRESH FRUIT

GREEN SMOOTHIE BOWL 9.95 (GF)

SPINACH, AVOCADO, BANANA, CACAO, GRANOLA, CHIA, FRESH FRUIT

PITAYA BOWL 9.95 (GF)

DRAGONFRUIT, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

ACAI BOWL 9.95 (GF)

ACAI, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

AVO TOAST (2 PCS) 8.75 (NF)

SMASHED AVOCADO, CHILIFLAKES, ALFALFA

TOASTIE CHEESE 6.95 (NF)

VEGAN CHEESE, SPINACH, SUNDRIED TOMATOES - AIOLI

WAFFLE & FRESH FRUIT 8.95 (NF)

WITH SEASONAL FRUIT, MAPLE SYRUP, POWDERED SUGAR

ALL DAY SWEETS

BANANA BREAD 4.50

DRIED FIGS & WALNUTS WITH SALTED CARAMEL

CARROT CAKE 4.75

WITH WALNUTS & CINNAMON

OREO CAKE 4.75 (NF)

3 LAYER STUFF YOUR FACE OREO CHOCOLATE CAKE

BLUEBERRY NO CHEESECAKE 4.50 (GF)

FRESH BLUEBERRY NO CHEESECAKE, ALMOND DATE CRUST

ALL DAY LUNCH/DINNER

RAINBOW FALAFEL BOWL 13.95 (NF)

SWEET POTATO FALAFEL, BEETROOT HUMMUS, FLATBREAD, CUCUMBER, TOMATO, RED ONION, TAHINI DRESSING

ATHENA BOWL 12.95 (NF) (COLD)

COUSCOUS, GRILLED VEGGIES, HUMMUS, FRIED CHICKPEAS, TOFU FETA, ALFALFA, TZATZIKI

CIABATTA GRILLED VEGGIES 7.95 (NF)

SALAD, HUMMUS, GRILLED VEGGIES, PUMPKIN SEED

ADONIS WRAP 8.95

SHWARMA, HUMMUS, TZATZIKI, OLIVE, TOFU FETA, SALAD

CEASAR WRAP 8.95 (NF)

ROMAINE LETTUCE, CHICK'N, CROUTONS, AVOCADO, CAESAR DRESSING

CLASSIC CHEEZE BURGER 10.95

BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED & FRIED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN
+SWEET POTATO FRIES 5.50

BACKYARD KAPSALON 13.95 (NF)

SWEET POTATO FRIES, SHOARMA, LETTUCE, CUCUMBER, TOMATO, RED & FRIED ONION, SRIRACHA MAYO & AIOLI

LENTIL CURRY SOUP 6.95 (NF)

RED LENTIL, CREAMY COCONUT

BREAD & AIOLI 4.50 (NF)

SPELT BUN, HOMEMADE AIOLI

FLATBREAD & DIPS 6.95

TZATZIKI, OLIVES, HUMMUS

SWEET POTATO FRIES 5.50 (NF)(GF)

SWEET POTATO FRIES & SRIRACHA MAYO

BITTER BALEN (5PCS) 6.95 (NF)

FRIED VEGAN DUTCH BITTERBALLEN, MUSTARD MAYO

FRIED SPRING ROLLS (6PCS) 5.50 (NF)

MINI VEGGIE SPRING ROLLS, CHILI SAUCE

BACKYARD SWEET BOX

BANANA BREAD WITH SALTED CARAMEL, CARROT CAKE, OREO CAKE, BLUEBERRY NO CHEESE CAKE

16.50

BACKYARD SNACK BOX

BITTERBALLEN (4), FLATBREAD, AIOLI, HUMMUS, SWEET POTATO FRIES, SRIRACHA MAYO SPRING ROLLS (6), CHILI SAUCE

20.00