

# BACKYARD

## TO GO MENU

From 11:30 - 18:00  
Kitchen closes 17:30

### ALL DAY BREAKFAST

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**YOGURT GRANOLA BOWL 6.95 (GF)**  
SOY YOGURT, HOMEMADE GRANOLA, FRESH FRUIT

**GREEN SMOOTHIE BOWL 8.95 (GF)**  
SPINACH, AVOCADO, BANANA, CACAO, GRANOLA, CHIA, FRESH FRUIT

**PITAYA BOWL 9.95 (GF)**  
DRAGONFRUIT, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

**ACAI BOWL 9.95 (GF)**  
ACAI, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

**AVO & SALSA TOAST (2 PCS) 8.50 (NF)**  
1 SMASHED AVOCADO CHILIFLAKES & 1 HOMEMADE SALSA

**TOASTIE CHEESE 6.95 (NF)**  
VEGAN CHEESE, SPINACH, SUNDRIED TOMATOES - AIOLI

### ALL DAY SNACKS

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**BREAD & AIOLI 4.50 (NF)**  
SPELT BUN, HOMEMADE AIOLI

**FLATBREAD & DIPS 6.95**  
TZATZIKI, OLIVES, HUMMUS

**SWEET POTATO FRIES 5.50 (NF)(GF)**  
SWEET POTATO FRIES & SRIRACHA MAYO

**BITTER BALLEEN (5PCS) 6.95 (NF)**  
FRIED VEGAN DUTCH BITTERBALLEEN, MUSTARD MAYO

**NACHOS MUCHACHOS 8.95 (GF)(NF)**  
NACHOS, MELTED VEGAN CHEESE, JALAPEÑOS, SALSA, GUACAMOLE

**FRIED SPRING ROLLS (6PCS) 5.50 (NF)**  
MINI VEGGIE SPRING ROLLS, CHILI SAUCE

### ALL DAY LUNCH/DINNER

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**RAINBOW FALAFEL BOWL 13.95 (NF)**  
SWEET POTATO FALAFEL, BEETROOT HUMMUS, FLATBREAD, CUCUMBER, TOMATO, RED ONION, TAHINI DRESSING

**ATHENA BOWL 10.95 (NF) (COLD)**  
COUSCOUS, GRILLED VEGGIES, HUMMUS, FRIED CHICKPEAS, TOFU FETA, ALFALFA, TZATZIKI

**CIABATTA GRILLED VEGGIES 7.95 (NF)**  
SALAD, HUMMUS, GRILLED VEGGIES, PUMPKIN SEED

**ADONIS WRAP 8.95**  
SHWARMA, HUMMUS, TZATZIKI, OLIVE, TOFU FETA, SALAD

**CLASSIC CHEEZE BURGER 10.95**  
BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED & FRIED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN  
**+SWEET POTATO FRIES 5.50**

**BACKYARD KAPSALON 12.95 (NF)**  
SWEET POTATO FRIES, SHWARMA, LETTUCE, CUCUMBER, TOMATO, RED & FRIED ONION, SRIRACHA MAYO & AIOLI

### ALL DAY SWEETS

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**BANANA BREAD 4.50**  
DRIED FIGS & WALNUTS WITH SALTED CARAMEL

**CARROT CAKE 4.75**  
WITH WALNUTS & CINNAMON

**OREO CAKE 4.75 (NF)**  
3 LAYER STUFF YOUR FACE OREO CHOCOLATE CAKE

**BLUEBERRY NO CHEESECAKE 4.50 (GF)**  
FRESH BLUEBERRY NO CHEESECAKE, ALMOND DATE CRUST

#### BACKYARD SNACK BOX

BITTERBALLEEN (4), FLATBREAD, AIOLI, HUMMUS, NACHOS, SALSA, GUACAMOLE, SPRING ROLLS (6), CHILI SAUCE

20.00

#### BACKYARD SWEET BOX

BANANA BREAD WITH SALTED CARAMEL, CARROT CAKE, OREO CAKE, BLUEBERRY NO CHEESE CAKE

16.50