

BACKYARD

COFFEE

BACKYARD BLEND BY GIRAFFE COFFEE

ESPRESSO 2.50
AMERICANO 2.50
FILTER COFFEE 2.50
CAPPUCCINO 3.00
FLAT WHITE 3.50
CORTADO 3.00
CAFE LATTE 3.30
LATTE MACCHIATO 3.70

ICED COFFEE 3.50

OUR COFFEES ARE SERVED WITH
PLANTBASED MILK BY DEFAULT:

ALPRO SOY
RUDE HEALTH ALMOND
OATLY OAT

COW MILK IS AVAILABLE UPON REQUEST

TEA

LOOSE LEAF TEA BY THE TEA LAB

GREEN YASMIN 2.70
ASSAM 2.70
ROOIBOS 2.70
FUNKY FLAMINGO 2.70
BLACK TEA, ROSE PETALS
VANILLA SKY 2.70
BLACK TEA, VANILLA
FREE YOUR MIND 2.70
GREEN TEA, HIBISCUS

FRESH GINGER 3.00
FRESH MINT 3.00

CHAI LATTE 3.50
MATCHA LATTE 3.50
TURMERIC LATTE 3.50
HOT CHOCOLATE 3.50

DRINKS

APPLE JUICE 2.60
PEAR JUICE 2.60

FRITZ COLA 2.80
FRITZ RABARBER 2.80
FEVERTREE TONIC 2.80
YAYA KOMBUCHA 3.75
MARIE STELLA MARIS 2.60
SPARKLING/STILL
BUNDABERG GINGERBEER 3.50

SMOOTHIES

THE HULK 5.50
SPINACH, AVO, APPLE, BROCCOLI, MANGO,
SPIRULINA, WHEATGRASS, BARLEY GRASS

PURPLE RAIN 5.50
ACAI, BLUEBERRY, BLACKCURRANT, BANANA,
APPLE, STRAWBERRY, BLACKBERRY, BAOBAP

TROPICAL SUNSHINE 5.50
PASSION FRUIT, PINEAPPLE, COCONUT,
MANGO, APPLE, ACEROLA CHERRIES

BEER BY THE BOTTLE

GULPENER PILS 3.00
BEER BUCKET 15.50
6 BOTTLES GULPENER IN ICE BUCKET

NOORDT SINGLE 4,5% 4.70
LIGHT & FRESH, HINT OF LIME
NOORDT BLOND 6% 4.90
ROUND & FULL, HONEY

VET&LAZY 'JE MOEDER' 8,5% 5.50
BLOND TRIPEL, FRESH JAPANESE HOP,
ELDERFLOWER
VET&LAZY 'LE PHALLUS' 8,5% 5.50
MALTY PORTER, ROTTERZWAM

THE GOAT 5,5% 5.25
FRESH PALE ALE, TOUCH OF CARAMEL
BAD KID IPA 6,0% 5.25
FRUITY IPA, CITRA & SIMCOE MALTS

GERONIMO! GUAVA 4,8% 5.25
CRISP IPA, AMERICAN HOPS WITH TROPICAL
GUAVA
BLIND LION 6% 6.00
NEW ENGLAND IPA, MILD YEAST, LIGHT BODY,
DRY FINISH, TROPICAL FRUIT FLAVOURS

BACKYARD HIGH BEER

FROM 4 PM - MIN. 2 PERSONS

BACKYARD SNACK PLATTER
SCRUMPTIOUS TASTING OF OUR HOMEMADE
SNACKS INCL. VEGAN NUGGETS, NACHOS,
FLATBREAD, SWEET POTATO FRIES & VARIOUS
DIPS
+4 BOTTLES OF CRAFT BEER
FREE CHOICE OUT OF THE BEERS ABOVE

16.95 P.P.

HOMEMADE DRINKS

GINGER LEMONADE 3.50
GREEN ICED TEA 3.20
BLACK ICED TEA 3.20
FRESH WATERMELON 4.00
FRESH ORANGE 3.50

COCKTAILS

BOBBY'S GINTONIC 9.95
LOOPUYT GINTONIC 11.95
HENDRICKS GINTONIC 10.95

BACKYARD BLISS 8.95
MOSCOW MULE 10.95
BLOODY MARY 10.95
VIRGIN MARY 5.95

DARK & STORMY 10.95

MIMOSA 8.95
BELLINI 8.95

*Every Friday Cocktail O'Clock
Starting 5PM All Cocktails €5*

WINE VEGAN

'SLOW' CHENIN BLANC 4.25/21.50
SOUTH AFRICA, ELEGANT, EXOTIC
'O' CHARDONNAY 5.95/30.00
CHILE, FRUITY, HINT OF CITRUS
GRUNER VELTLINER 6.25/ 31.50
AUSTRIA, AROMATIC, SPICE

'SLOW' SYRAH 4.25/21.50
SOUTH AFRICA, ELEGANT, HERBAL
PINOT NOIR 6.25/31.50
FRANCE, FRUITY, BODY

CROIX DE BASSON ROSE 4.95/25.00
FRANCE, LIGHT, FRUITY, ELEGANT

PROSECCO SPUMANTE 7.75/39.00
FRANCE, DRY & FRUITY, SPARKLING

BACKYARD

BREAKFAST

TILL 4 PM

OVERNIGHT OATS 4.95 (GF)(RSF)

OATS, ALMOND MILK, BLUEBERRY, HOMEMADE GRANOLA

HOMEMADE GRANOLA BOWL 6.95 (GF)(RSF)

PLANT BASED YOGURT, SEASONAL FRESH FRUIT

GREEN SMOOTHIE BOWL 7.95 (GF)(RSF)

SPINACH, AVOCADO, BANANA, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

PITAYA BOWL 8.95 (GF)(RSF)

DRAGONFRUIT, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

ACAI BOWL 8.95 (GF)(RSF)

ACAI, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

AVO TOAST (2 PCS) 7.95 (NF)

1 SMASHED AVOCADO & 1 HOMEMADE SALSA

TOASTIE CHEESE 6.95 (NF)

VEGAN CHEESE, SPINACH, SUNDRIED TOMATOES - AIOLI DIP

SUBSTITUNA MELT 7.95 (RSF) (NF)

CHICKPEA 'TUNA' SALAD, APPLE, RED ONION, CAPERS, VEGAN CHEESE

FRUIT TOAST 4.25 (RSF)

CASHEW BUTTER, SEASONAL FRUITS, CACAONIBS

WAFFLE & FRESH FRUIT 7.95 (NF)

WITH SEASONAL FRUIT, MAPLE SYRUP, POWDERED SUGAR

LUNCH

FROM 12 PM

COUSCOUS ME 8.95 (NF)(RSF)

COUSCOUS, POMEGRANATE, HUMMUS, VEGGIE SALAD

MISO SOBA NOODLE SALAD 9.95 (NF)(RSF)

BUCKWHEAT NOODLES, EDAMAME SOY BEANS, GINGERMISO DRESSING

BUDDHA BOWL 9.95 (NF)(RSF)(GF)

ROASTED PUMPKIN, TURMERIC CAULIFLOWER, MARINATED TOFU, LENTIL CHICKPEA SALAD, AVOCADO, ORANGE MUSTARD VINAIGRETTE

FAJITA FLATBREAD 6.95 (NF)

TEMPEH, PAPRIKA, TROPICAL FRUIT, MANGO CHUTNEY

SHAKSHUKA TOFU OR EGG 9.95 (NF)(RSF)

OVENBAKED SPICED TOMATOES, SILKEN TOFU/EGG, BLACK SALT, FLATBREAD

VEGAN BURGER 10.95

CAULIFLOWER BURGER, MUHAMMARA, GUACAMOLE, PICKLED RED ONION, PRETZEL BUN

PULLED NO CHICKEN 10.95 (NF)

KING OYSTER MUSHROOM, CARAMELISED ONION, SPELT BUN

BAKED SWEET POTATO 10.95 (GF)(NF)(RSF)

OVEN BAKED SWEET POTATO, SALAD, AVOCADO, GARLIC DRESSING

MEXICAN FIESTA 12.95

FAJITA, NACHOS, SALSA, GUACAMOLE, MEXICAN SALAD

LENTIL CURRY SOUP 6.95 (NF)(RSF)

CREAMY COCONUT, RED LENTIL, SPELT BREAD

PUMPKIN SOUP 6.95 (RSF)

MEDITERRANEAN PUMPKIN SOUP, VEGAN PESTO, SPELT BREAD

SNACKS

FROM 12 PM

VEGAN NUGGETS (6PCS) 5.95 (RSF)

OVEN BAKED CAULIFLOWER NUGGETS, SRIRACHA MAYO

FLATBREAD & DIPS 6.95

MUHAMMARA, OLIVES, HUMMUS

SWEET POTATO FRIES 4.25 (GF)(RSF)(NF)

OVEN BAKED SWEET POTATO & SRIRACHA MAYO

BREAD & AIOLI 4.00

SPELT BUN, HOMEMADE AIOLI

NACHOS MUCHACHOS 7.95 (GF)(NF)

NACHOS, MELTED VEGAN CHEESE, JALOPeÑOS, SALSA, GUACAMOLE

BACKYARD SNACK PLATTER 18.95

NUGGETS (4), FLATBREAD, MUHAMMARA, HUMMUS, NACHOS, SALSA, GUACAMOLE, SWEET POTATO FRIES, SRIRACHA MAYO

SWEETS

ALL DAY

BANANA BREAD 4.50

DRIED FIGS & WALNUTS WITH SALTED CARAMEL

BROWNIE 4.50 (GF)

WARM BROWNIE, DASH OF COCOS YOGURT, POMEGRANATE

CARROT CAKE 4.25

WITH WALNUTS & CINNAMON

SHARP SHARP 3.75 (GF) (RSF)

DIFFERENT FLAVOURS, ASK OUR STAFF

ADD-ONS

ALL DAY, AVAILABLE FOR BREAKFAST & LUNCH DISHES

+ AVOCADO 2.00 (GF)(NF)(RSF)

+ NUTS 2.00 (GF)(RSF)

+ SIDE SALAD 2.50 (GF)(NF)(RSF)

+ FRIED EGG 1.50 (NV)(GF)(NF)(RSF)

+ SCRAMBLED EGG 2.00 (NV)(GF)(NF)(RSF)

+ GOAT CHEESE 2.50 (NV)(GF)(NF)(RSF)

+ SMOKED SALMON 3.75 (NV)(GF)(NF)(RSF)

+ SMOKED CHICKEN 3.75 (NV)(GF)(NF)(RSF)

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE (RSF) REFINED SUGAR FREE (NV) NON VEGAN

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES

BACKYARD

STARTERS

FROM 6 PM

VEGAN NUGGETS (6PCS) 5.95 (RSF)

OVEN BAKED CAULIFLOWER NUGGETS, SRIRACHA MAYO

FLATBREAD & DIPS 6.95

MUHAMMARA, OLIVES, HUMMUS

BREAD & AIOLI 4.00

SPELT BUN, HOMEMADE AIOLI

DINNER MAINS

FROM 6 PM

BAKED SWEET POTATO 10.95 (GF)(NF)(RSF)

OVEN BAKED SWEET POTATO, SALAD, AVOCADO, GARLIC YOGURT DRESSING

CAULIFLOWER CURRY 10.95 (GF)(NF)(RSF)

INDIAN YELLOW CAULIFLOWER CURRY RICE, SALAD

SWEET POTATO CURRY 10.95 (GF)(NF)(RSF)

RED SWEET POTATO CURRY, RICE, SALAD

COUSCOUS ME 8.95 (NF)(RSF)

COUSCOUS, POMEGRANATE, HUMMUS, VEGGIE SALAD

BUDDHA BOWL 9.95 (NF)(RSF)(GF)

ROASTED PUMPKIN, TURMERIC CAULIFLOWER, MARINATED TOFU, LENTIL CHICKPEA SALAD, AVOCADO, ORANGE MUSTARD VINAIGRETTE

VEGAN BURGER 10.95

CAULIFLOWER BURGER, MUHAMMARA, GUACAMOLE, PICKLED RED ONION, PRETZEL BUN

+SWEET POTATO FRIES 4,25

PULLED NO CHICKEN 10.95 (NF)

KING OYSTER MUSHROOM, CARAMELISED ONION, SPELT BUN

MEXICAN FIESTA 12.95

FAJITA, NACHOS, SALSA, GUACAMOLE, SALAD

LENTIL CURRY SOUP 9.95 (NF)(RSF)

CREAMY COCONUT, RED LENTIL, SPELT BREAD

PUMPKIN SOUP 9.95 (RSF)

MEDITERRANEAN PUMPKIN SOUP, VEGAN PESTO, SPELT BREAD

SWEETS

ALL DAY

BANANA BREAD 4.95

DRIED FIGS & WALNUTS WITH SALTED CARAMEL

BROWNIE 4.50 (GF)

WARM BROWNIE, DASH OF COCOS YOGURT, POMEGRANATE

CARROT CAKE 4.25

WITH WALNUTS & CINNAMON

SHARP SHARP 3.75 (GF) (RSF)

DIFFERENT FLAVOURS, ASK OUR STAFF

SHARING PLATTERS

FROM 6 PM - MIN. 2 PERSONS

INDIAN SHARING PLATTER

17.95 P.P.

LENTIL CURRY SOUP, RED SWEET POTATO CURRY, YELLOW CAULIFLOWER CURRY, MANGO CHUTNEY, RAITA, RICE, FLATBREAD, SALAD

MEDITERRANEAN SHARING PLATTER

17.95 P.P.

PUMPKIN SOUP, MAGHMOUR, VEGGIE SHASHLIK, TZATZIKI, MUHAMMARA, HUMMUS, RICE, FLATBREAD, SALAD

ADD-ONS

ALL DAY, AVAILABLE FOR ALL DINNER DISHES

+ AVOCADO 2.00 (GF)(NF)(RSF)

+ NUTS 2.00 (GF)(RSF)

+ SIDE SALAD 2.50 (GF)(NF)(RSF)

+ FRIED EGG 1.50 (NV)(GF)(NF)(RSF)

+ SCRAMBLED EGG 2.00 (NV)(GF)(NF)(RSF)

+ GOAT CHEESE 2.50 (NV)(GF)(NF)(RSF)

+ SMOKED SALMON 3.75 (NV)(GF)(NF)(RSF)

+ SMOKED CHICKEN 3.75 (NV)(GF)(NF)(RSF)

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE (RSF) REFINED SUGAR FREE (NV) NON VEGAN

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES