

BACKYARD

COFFEE

BACKYARD BLEND BY GIRAFFE COFFEE

ESPRESSO 3.00
AMERICANO 3.50
CAPPUCCINO 3.80
FLAT WHITE 4.30
CORTADO 4.30
CAFE LATTE 4.50
LATTE MACCHIATO 4.70

ICED COFFEE 4.50

OUR COFFEES ARE SERVED WITH
PLANT BASED MILK BY DEFAULT:
ALPRO SOY
RUDE HEALTH ALMOND
OATLY OAT

COW MILK IS AVAILABLE UPON REQUEST

SYRUP UPON REQUEST +0.50

TEA

LOOSE LEAF TEA BY THE TEA LAB

GREEN YASMIN 3.70
ASSAM 3.70
ROOIBOS 3.70
FUNKY FLAMINGO 3.70
BLACK TEA, ROSE PETALS
VANILLA SKY 3.70
BLACK TEA, VANILLA
FREE YOUR MIND 3.70
GREEN TEA, HIBISCUS

FRESH GINGER 3.95
FRESH MINT 3.95

CHAI LATTE 4.70
MATCHA LATTE 4.90
TURMERIC LATTE 4.70
HOT CHOCOLATE 4.70

DRINKS

SCHULP APPLE JUICE 3.75
SCHULP PEAR JUICE 3.75
MARIE STELLA MARIS 3.50
SPARKLING/STILL
FRITZ COLA 3.75
REGULAR/LIGHT
FRITZ RABARBER 3.75
BUNDABERG GINGERBEER 5.75

SMOOTHIES

THE HULK 5.95
SPINACH, AVO, APPLE, BROCCOLI, MANGO,
SPIRULINA, WHEATGRASS, BARLEY GRASS

PURPLE RAIN 5.95
ACAI, BLUEBERRY, BLACKCURRANT, BANANA,
APPLE, STRAWBERRY, BLACKBERRY, BAOBAP

TROPICAL SUNSHINE 5.95
PASSION FRUIT, PINEAPPLE, COCONUT, MANGO,
APPLE, ACEROLA CHERRIES

BEER BY THE BOTTLE

VEGAN

GULPENER PILS 3.80

NOORDT SINGLE 4,5% 5.75
LIGHT & FRESH, HINT OF LIME
NOORDT BLONDT 6% 5.75
ROUND & FULL, DARK BLOND

VET&LAZY

'JE MOEDER' 8,5% 5.95
BLOND TRIPEL, FRESH JAPANESE HOP,
ELDERFLOWER
'DUBBEL WIT ZOMERFIT' 7% 5.95
CITRUS FRUITS, CARDAMOM, CORIANDER

LOWLANDER

SUMMER ALE 3,8% 5.95
BLOND, ORANGE, DRAGONFRUIT
LOWLANDER WIT 0,00% 5.50
WHITE BEER, FRESH, FRUITY
LOWLANDER IPA 0,3% 5.50
MANGO IPA, ORANGE PEEL, CARDAMOM
LOWLANDER IPA 6% 5.95
CITRUS, HOPPY, FRESH SPICE

HOMEMADE DRINKS

GINGER LEMONADE 4.70
GINGER, HOMEMADE LEMONADE
BACKYARD LEMONADE 5.20
LEMONGRASS, LIME, COCO, SPARKLING WATER

HIBISCUS ICED TEA 4.70
GREEN ICED TEA 4.50
BLACK ICED TEA 4.50

FRESH ORANGE JUICE 4.70

WINE

VEGAN

'SLOW' CHENIN BLANC 4.95/25.50
SOUTH AFRICA, ELEGANT, EXOTIC
'O' CHARDONNAY 5.95/30.00
CHILE, FRUITY, HINT OF CITRUS

'SLOW' SYRAH 4.95/25.50
SOUTH AFRICA, ELEGANT, HERBAL
PINOT NOIR 6.25/32.50
FRANCE, FRUITY, BODY

CROIX DE BASSON ROSE 5.50/30.00
FRANCE, LIGHT, FRUITY, ELEGANT

PROSECCO SPUMANTE 7.50/39.00
FRANCE, DRY & FRUITY, SPARKLING

COCKTAILS

GIN TONIC 10.95
CHOOSE YOUR GIN:
BOBBY'S, HENDRICKS

BACKYARD MOJITO 10.95
RUM, COCO, LEMONGRASS, MINT, LIME, SODA

MOSCOW MULE 10.95
VODKA, LIME, GINGERBEER
DARK & STORMY 10.95
DARK RUM, LIME, GINGERBEER

ESPRESSO MARTINI 10.95
MIMOSA 9.95
FRESH OJ, PROSECCO

BACKYARD

BREAKFAST TILL 4PM

OVERNIGHT OATS 7.50 (GF)

OATS, ALMOND MILK, BLUEBERRY, HOMEMADE GRANOLA

YOGURT GRANOLA BOWL 9.95 (GF)

SOY YOGURT, HOMEMADE GRANOLA, FRESH FRUIT

GREEN SMOOTHIE BOWL 11.95 (GF)

SPINACH, AVOCADO, BANANA, CACAO, GRANOLA, CHIA, FRESH FRUIT

ACAI BOWL 11.95 (GF)

ACAI, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

AVO & SALSA TOASTS 11.95 (NF)

1 W/SMASHED AVOCADO CHILIFLAKES & 1 W/HOMEMADE SALSA

TOASTIE CHEESE 7.95 (NF)

VEGAN CHEESE, SPINACH, SUNDRIED TOMATOES - AIOLI

KIMCHI TOASTIE 8.95 (NF)

VEGAN CHEESE, HOUSEMADE KIMCHI - AIOLI

WAFFLE & FRESH FRUIT 9.95 (NF)

WITH SEASONAL FRUIT, MAPLE SYRUP, POWDERED SUGAR

BREAKFAST FOR CHAMPS

FROM 9 - 11 AM

AVO TOAST, MINI YOGURT GRANOLA & FRUIT, BANANA BREAD, FRESH ORANGE JUICE

12,95

SWEETS ALL DAY

HOMEMADE

BANANA BREAD 5.25

2 SLICES W/ WALNUTS, SALTED CARAMEL

CARROT CAKE 5.75

3 LAYER WITH WALNUTS & CINNAMON

OREO CAKE 5.75 (NF)

3 LAYER STUFF YOUR FACE OREO CHOCOLATE CAKE

BLUEBERRY NO CHEESECAKE 5.25 (GF)

FRESH BLUEBERRY CASHEW NO CHEESECAKE, ALMOND DATE CRUST

WELCOME

to our urban Backyard where you can enjoy our relaxed atmosphere. Drink the best coffee in town and eat our delicious home made meals.

A place where everyone can enjoy great food, whether you are a vegetarian, full time vegan or a carnivore who wants to take a step on the wild side.

We believe in a sustainable future and try our very best for people to get to know plant based food as fun, easy and delicious. Break through the 'vegan stereotype' and make your tummy feel yummy.

ADD-ON

AVAILABLE FOR ALL BREAKFAST DISHES

+ AVOCADO 3.50 (GF)(NF)

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

BACKYARD

ALL DAY FROM 12 PM

ASIAN SOUL BOWL 14.95 (NF) (SEMI-COLD)

KIMCHI, SPRINGROLLS, EDAMAME, BULGOGI TEMPEH, LETTUCE, CUCUMBER, TOMATO, SESAME GINGER DRESSING

RAINBOW FALAFEL BOWL 14.95 (NF) (SEMI-COLD)

SWEET POTATO FALAFEL, HUMMUS, FLATBREAD, CUCUMBER, TOMATO, PICKLED ONION, TZATZIKI

SMOKED NO SALMON SANDWICH 9.95 (NF)

CIABATTA, CASHEW CREAM CHEEZE, SMOKED CARROT SALMON, RED ONION, CAPERS, AGAVE DILLE DRESSING

ADONIS WRAP 10.95 (NF)

SHWARMA, HUMMUS, TZATZIKI, OLIVE, TOFU FETA, SALAD

CROQUETTE BUN 10.95 (NF)

2 VEGAN CROQUETTES ON SPELT BUN, MOSTERD MAYO

HUMSHUKA 12.95 (NF)

A MARRIAGE BETWEEN HUMMUS & SHAKSHUKA, FLATBREAD

BACKYARD CHEEZE BURGER 14.50

BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED & FRIED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN

+SWEET POTATO FRIES 5.75

SPICY KIMCHI BURGER 14.50 (NF)

WHEAT.PRAY.LOVE SEITAN BURGER, KIMCHI, ROMAINE, COCONUT BACON, GOJUCHANG MAYO, SPELT BUN

+SWEET POTATO FRIES 5.75

PULLED NO CHICKEN 14.50 (NF)

KING OYSTER MUSHROOM, CARAMELISED ONION, SALSA, SPELT BUN

+SWEET POTATO FRIES 5.75

BACKYARD HEALTHY KAPSALON 15.95 (NF)

SWEET POTATO FRIES, SHWARMA, LETTUCE, CUCUMBER, TOMATO, RED & FRIED ONION, SRIRACHA MAYO & AIOLI

KOREAN LOADED FRIES 15.95 (NF)

SWEET POTATO FRIES, BULGOGI TEMPEH, KIMCHI, CUCUMBER, SPICY GOJUCHANG MAYO, SESAME, SPRING ONION

MEXICAN SWEET POTATO 17.95 (NF) (GF)

OVEN BAKED SWEET POTATO, BLACK BEANS, CORN, SALSA, GUACAMOLE, PICKLED ONION, NACHOS, SALAD

TIKKA MASSALA BOWL 17.95 *FROM 5:30PM (NF)

CHICKPEA CURRY, SPINACH, SALAD, FLATBREAD, RICE

MISO TERIYAKI BOWL 17.95 *FROM 5:30PM (NF)

MISO GLACED EGGPLANT, EDAMAME, TERIYAKI TOFU, CUCUMBER, CARROT, AVOCADO, STEAMED RICE

LENTIL CURRY SOUP 8.95/11.95 (NF)

RED LENTIL, CREAMY COCONUT, CIABATTA

BACKYARD SNACK PLATTER

SWEET POTATO FRIES, SRIRACHA MAYO FRITTERS, TZATZIKI, FLATBREAD, HUMMUS, NACHOS, SALSA, GUACAMOLE, SPRING ROLLS, CHILI SAUCE

27.95

SNACKS

BREAD & AIOLI 5.95 (NF)

CIABATTA, HOMEMADE AIOLI

FLATBREAD & DIPS 8.75

TZATZIKI, OLIVES, HUMMUS

SWEET POTATO FRIES 5.75 (NF)(GF)

SWEET POTATO FRIES, SRIRACHA MAYO

BITTER BALEN (5PCS) 8.50 (NF)

VEGAN DUTCH BITTERBALLEN, MUSTARD MAYO

FRIED SPRING ROLLS (6PCS) 5.95 (NF)

MINI VEGGIE SPRING ROLLS, CHILI SAUCE

CHICKPEA CORN FRITTERS (4PCS) 7.50 (NF)

CHICKPEA CORN FRITTERS, CURRY MAYO

NACHOS MUCHACHOS 11.95 (GF)(NF)

NACHOS, VEGAN CHEESE, JALOPEÑOS, CORN, BEANS, SALSA, GUACAMOLE

NACHOS SUPREME 13.50 (NF)

NACHOS, VEGAN CHEESE, JALOPEÑOS, CORN, BEANS, SALSA, GUACAMOLE, PULLED NO CHICKEN

ADD-ONS

AVAILABLE FOR ALL DAY DISHES

+ AVOCADO 3.50 (GF)(NF)

+ SIDE SALAD 5.00 (GF)(NF)

PLEASE LET US KNOW IF YOU HAVE ANY FOOD INTOLERANCES

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

BACKYARD

3 COURSE DINNER FROM 5:30PM

CHOOSE YOUR FAVOURITE DISH PER COURSE

STARTERS

LENTIL CURRY SOUP (GF, NF)

RED LENTIL, CREAMY COCONUT

CHICKPEA CORN FRITTERS (NF)

CHICKPEA CORN FRITTERS, CURRY MAYO

MINI SPRINGROLLS (NF)

FRIED VEGGIE SPRINGROLLS, CHILI SAUCE

MAINS

PULLED NO CHICKEN + SWEET POTATO FRIES (NF)

KING OYSTER MUSHROOM, CARAMELISED ONION, SALSA, SPELT BUN

BACKYARD CHEEZE BURGER + SWEET POTATO FRIES

BLACK BEAN BURGER, VEGAN CHEESE, AIOLI, PICKLED RED ONION, TOMATO, BBQ SAUCE, PRETZEL BUN

SPICY KIMCHI BURGER + SWEET POTATO FRIES (NF)

WHEAT.PRAY.LOVE SEITAN BURGER, KIMCHI, ROMAINE, COCONUT BACON, GOJUCHANG MAYO, SPELT BUN

MEXICAN SWEET POTATO (NF) (GF)

OVEN BAKED SWEET POTATO, BLACK BEANS, CORN, SALSA, GUACAMOLE, PICKLED ONION, NACHOS, SALAD

TIKKA MASSALA BOWL (NF) * GF POSSIBLE

CHICKPEA CURRY, SPINACH, SALAD, FLATBREAD, RICE

DESSERTS

OREO CAKE (NF)

3 LAYER OREO CHOCOLATE CAKE

BLUEBERRY NO CHEESECAKE (GF)

FRESH BLUEBERRY NO CHEESECAKE, ALMOND DATE CRUST

CARROT CAKE

3 LAYER CARROT CAKE WITH WALNUTS & CINNAMON

€29.95

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE

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