

BACKYARD

100% PLANT BASED GOODNESS AT DE FOODHALLEN

SMOOTHIES & BOWLS

THE HULK 5.50 (GF) (NF) (RSF)

SPINACH, AVO, APPLE, BROCCOLI, MANGO, SPIRULINA, WHEATGRASS, BARLEY GRASS

PURPLE RAIN 5.50 (GF) (RSF)

ACAI, BLUEBERRY, BLACKCURRANT, BANANA, APPLE, STRAWBERRY, BLACKBERRY, BAOBAP

TROPICAL SUNSHINE 5.50 (GF) (RSF)

PASSION FRUIT, PINEAPPLE, COCONUT, MANGO, APPLE, ACEROLA CHERRIES

GREEN BOWL 8.95 (GF)

SPINACH, AVO, APPLE, BROCCOLI, MANGO, SPIRULINA, WHEATGRASS, BARLEY GRASS, BANANA, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

PITAYA BOWL 8.95 (GF)

DRAGONFRUIT, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

ACAI BOWL 8.95 (GF)

ACAI, COCONUT, CACAO NIBS, GRANOLA, CHIA, FRESH FRUIT

SWEETS

BANANA BREAD 2.50

WITH WALNUTS & DRIED FIGS

BLISS BALLS (2) 3.00 (NF) (GF) (RSF)

CACAO, OATS, DATES, COCOS

WRAPS

GRINGO 8.50 (NF)

PULLED NO CHICK'N, JALAPENO, BEANS, CORN, GUAC & SALSA

+ ADD VEGAN CHEESE 1.00

ADONIS 8.50 (NF)

VEGAN FETA, SHAWARMA, TZATZIKI, OLIVES, CUCUMBER, RED ONION, TOMATO, HUMMUS

CAESAR 8.50 (NF) (RSF)

ROMAIN LETTUCE, CRUNCHY SOY CHICK'N, AVOCADO, TOMATO, RED ONION, TEMPEH BACON, CAESAR DRESSING

SUBSTI-TUNA 6.95 (NF) (RSF)

CHICKPEA 'TUNA' SALAD, APPLE, RED ONION, CAPERS, ROMAIN LETTUCE

+ ADD VEGAN CHEESE 1.00 FOR A SUBSTI-TUNA MELT

SALAD BOWLS

APHRODITE 9.95 (GF) (NF)

ROMAIN LETTUCE, VEGAN FETA, OLIVES, SHAWARMA, CUCUMBER, RED ONION, TOMATO, TZATZIKI

CLEOPATRA 9.95 (NF) (RSF)

ROMAIN LETTUCE, CHICK'N, AVOCADO, TOMATO, RED ONION, TEMPEH BACON, CROUTONS, CAESAR DRESSING

HABIBTI 9.95 (NF) (RSF)

COUSCOUS, POMEGRANATE, FRESH SALAD, RED ONION, HUMMUS, ALFALFA, RASPBERRY DRESSING

LOADED SWEET POTATO FRIES

DON DE PATATAS 10.95 (GF) (NF)

LOADED SWEET POTATO FRIES: PULLED NO CHICK'N, JALAPENOS, BEANMIX, SALSA & GUAC, NACHO CRUMBS

MY BIG FAT GREEK FRIES 10.95

(GF) (NF)

LOADED SWEET POTATO FRIES: SHAWARMA, VEGAN FETA, CUCUMBER, TOMATO, OLIVES, RED ONION, TZATZIKI

LOADED BLT 10.95 (GF) (NF) (RSF)

LOADED SWEET POTATO FRIES: TEMPEH BACON, LETTUCE, TOMATO, RED ONION, CUCUMBER, AIOLI, MUSTARDMAYO, FRIED ONION

SNACKS

FLATBREAD & DIPS 6.95 (RSF)

MUHAMMARA, OLIVES, HUMMUS

FRIED VEGGIE BALLS (5) 6.95 (NF)

(RSF)

VEGGIE RAGOUT IN A CRISPY COAT & MUSTARDMAYO

SWEET POTATO FRIES 5.95 (GF) (NF)

(RSF)

WITH SRIRACHA MAYO

BY SNACKPLATTER 19.95

MIX OF OUR FAVORITE SNACK & DIPS

(GF) GLUTEN FREE - CAN CONTAIN TRACES OF GLUTEN (NF) NUT FREE (RSF) REFINED SUGAR FREE